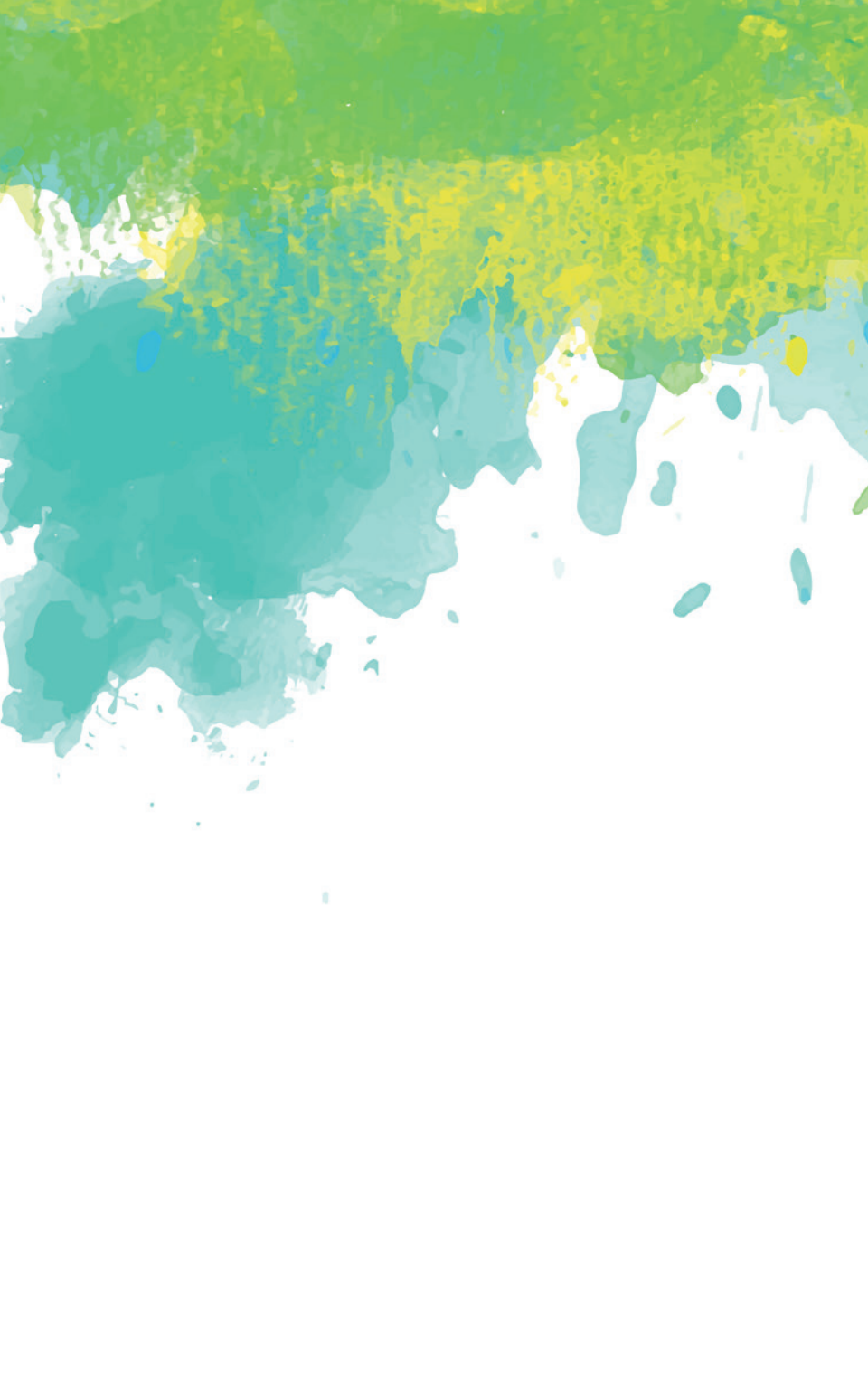




Daily Prayers

FOR YOUR STAY





We want you to know that our hearts are with you during your hospital or rehab stay. We're praying for you and for all those involved in your care. This prayer guide booklet is a gift that we hope you'll use for encouragement in your health journey over the next few days. And please remember to keep us updated on your situation, including when you get to go home. If you need anything further, please call us at 316.943.1800 and ask for our Congregational Care ministry.

Grace and peace to you,
Central's Prayer Ministry



Notes from today

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DAY

Our Father,

Sometimes life turns on a dime. Help me remember today that the things that surprise me never surprise You. “All the days You planned for me were written down before I was ever born” (Psalm 139). So let me rest in this – that You are in control and sovereign over all. You have a plan for my life, and as I walk this out, may I find You closer than I ever knew You to be.



Notes from today

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DAY

2

Our Father,

If ever I've needed the kind of peace that surpasses my ability to make sense of things, it's now. Here in the midst of tests and questions and medical jargon I can't pronounce, may I find You and Your peace in abundance. Jesus promised He would give peace not like the world gives (and maybe today not even like the doctors give), but rather a peace found in knowing You and being loved immeasurably by You. May that peace guard my heart and mind through it all.



Notes from today

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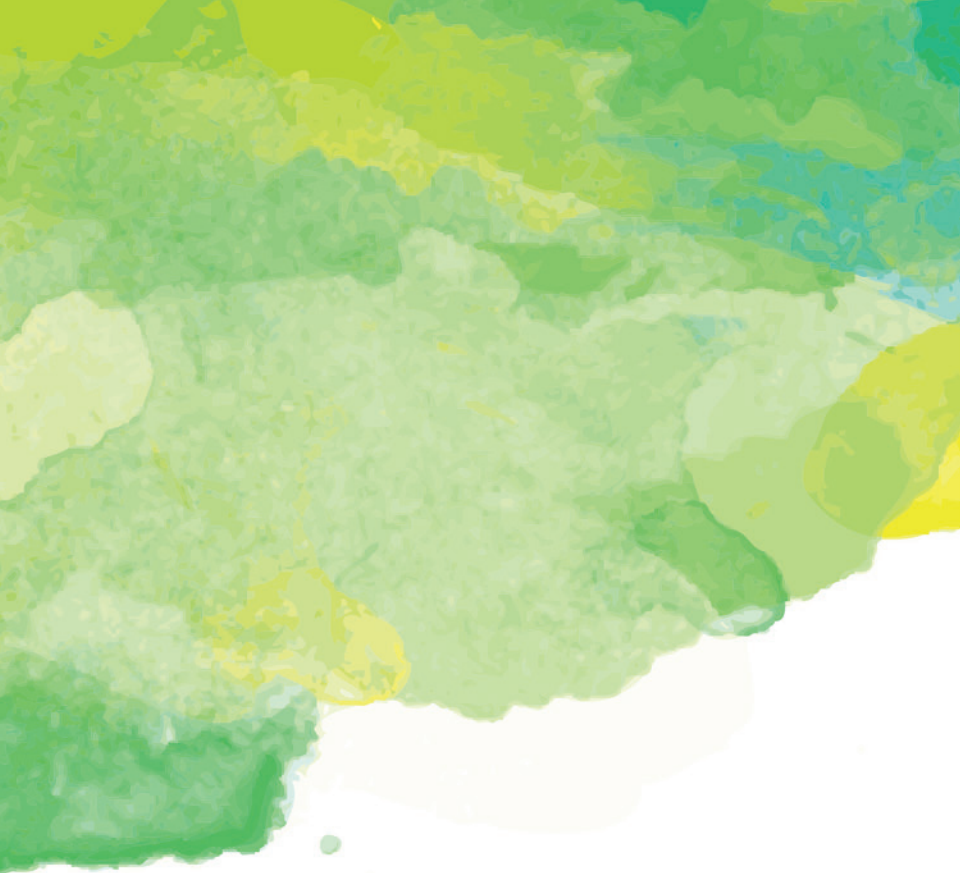
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DAY

Our Father,

What encouragement we find in Your Word today that though outwardly our bodies can break down and age, You've promised that inwardly we can be renewed daily. May springs of living water bubble up within me today to bring joy and peace and strength regardless of how my body feels. Though outwardly I may be sick or injured, inwardly I'm healthier than I've ever been because You are at work within me.



Notes from today

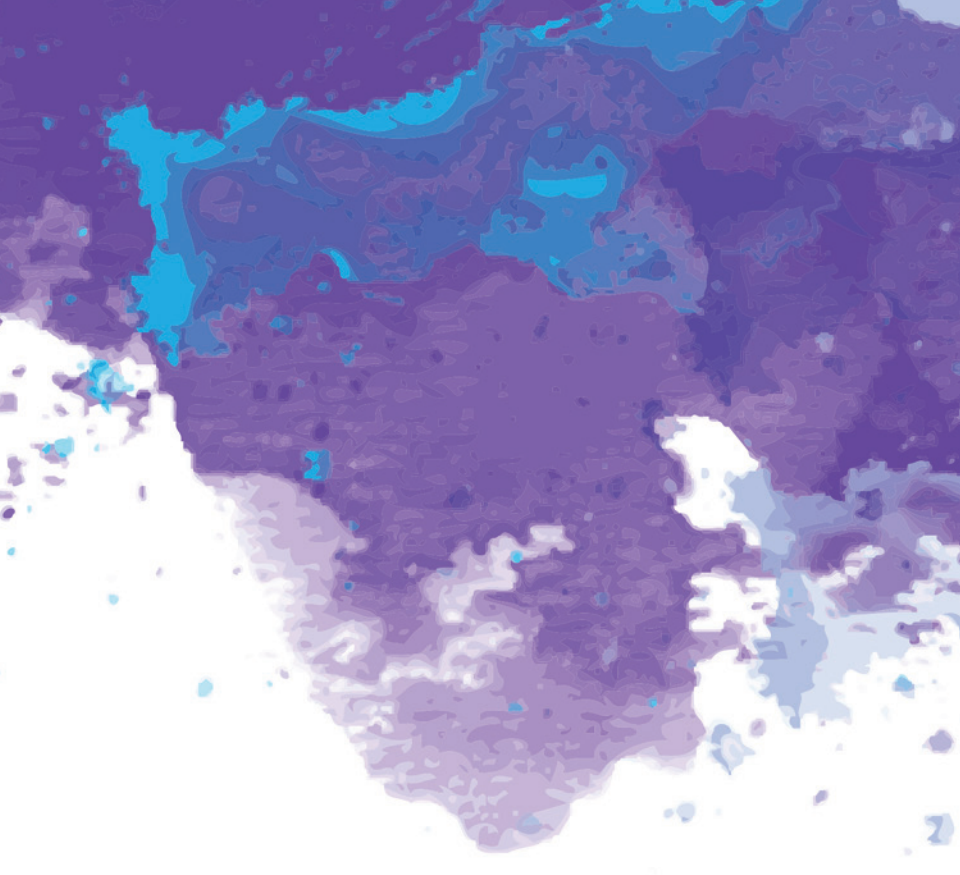


DAY

4

Our Father,

I'm leaning today on Your Presence with me in this room. You never leave. You never forsake. You are God with us, and on that I choose to rely. May we acknowledge You are here and that makes this a holy place where You dwell and where You are free to work as You choose. Our Immanuel, be near to us, speaking to us, comforting us, and leading us in paths of righteousness for the sake of Your name.



Notes from today

A large, white, stylized number '5' is positioned on the right side of the image. To its left, the word 'DAY' is written in a white, sans-serif font. The background is a textured, abstract composition of various shades of purple and blue, with some lighter, almost white, areas at the bottom.

DAY

Our Father,

It's ok to feel weak – even frail – isn't it? You made me, formed me in my mother's womb. You know my frame – it's not hidden from You. You know how much burden I'm built to carry. Sustain me in Your strength and comfort when I feel weak knowing that in my weakness, You are strong. May the light of Your love shine through the broken and feeble places. Be glorified in this situation. Be glorified in me.



Notes from today

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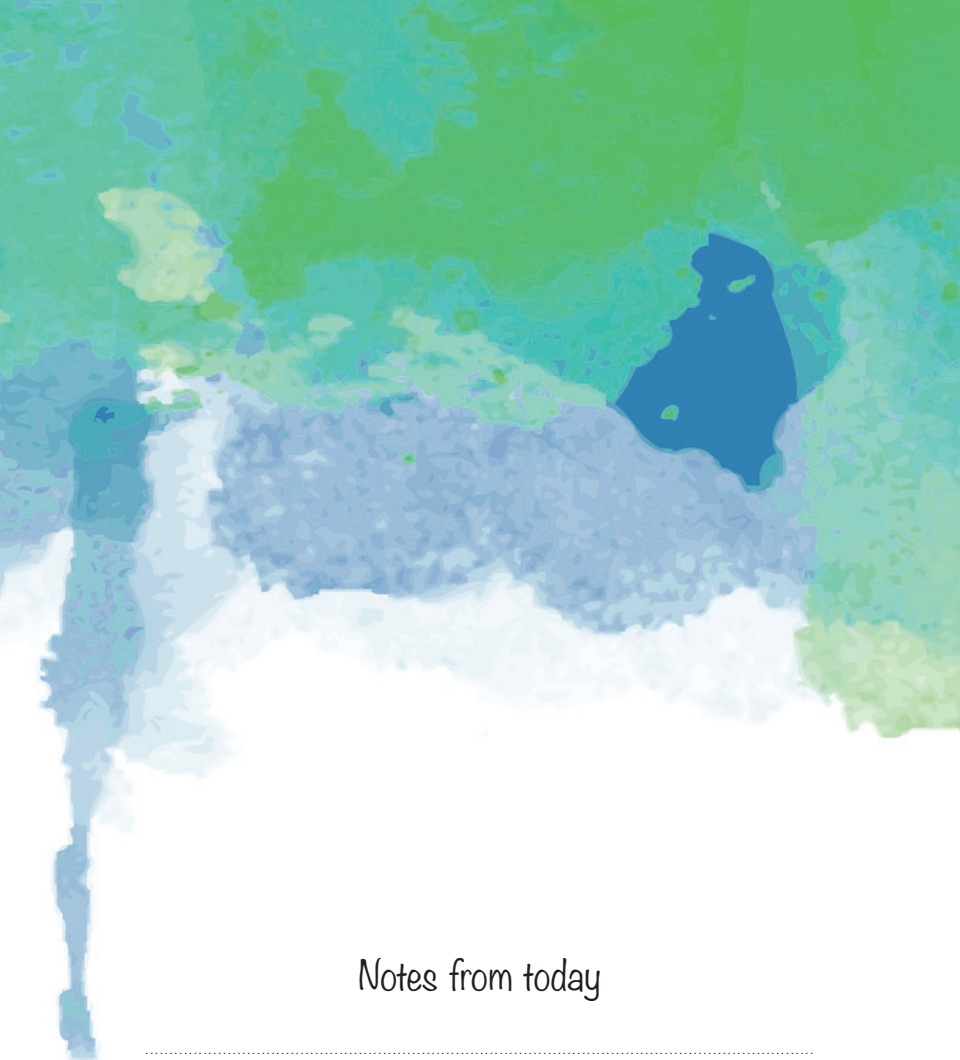
A blue watercolor-style background with a large, white, stylized number '6' on the right side. The word 'DAY' is written in white, uppercase letters to the left of the number.

DAY

6

Our Father,

Today I offer to You a sacrifice of thankfulness knowing You've promised thankfulness opens a highway for the salvation of the Lord. Thank You not only for a situation that compels me to walk by faith and not by sight, but also for the ways You show me how good You are and how faithfully You love and care for me. I'm thankful those things are true, regardless of how I feel or what my circumstances and surroundings are. Today I just want to list all the things that I attribute to You and owe to Your steadfast love. Thank You, Father, for...



Notes from today



DAY

7

Our Father,

Change the atmosphere in this room by the power of Your Presence. Fill it with peace. Fill each person with kindness. Fill us all with faith to believe You are at work within us. You made this body and You know what it needs in order to be well again. You know what we need even before we ask. You are the Creator of all things. Create in me a clean heart and renew a right spirit in me. May the flourishing of my soul, lead to healing in every way – body, soul, and spirit.



Notes from today

The background is an abstract composition of warm, textured colors including shades of red, orange, pink, and yellow, resembling a watercolor or paint splatter effect. A large, white, stylized number '8' is positioned on the right side of the image, partially overlapping the colorful background. The word 'DAY' is written in a white, sans-serif font to the left of the number '8'.

DAY

Our Father,

Calm my fears. My mind can race with questions about the future and finances. It can keep me from truly resting and recovering. Remind in those moments that You are a good Father. You can take care of me. You provide for me, love me, and nurture me in every way. You are my light and my salvation; whom shall I fear? You are the stronghold of my life; of whom shall I be afraid (Psalm 27)?



Notes from today



DAY

9

Our Father,

May my heart's cry and mind's meditation be that of the psalmist, "I believe that I shall look upon the goodness of the Lord in the land of the living!" And may that belief sustain me when I'm tempted to doubt or complain. You're calling me to wait on You, to be strong and to allow myself to receive encouragement. May it ever be for the sake of Your name and for my good (Psalm 27:13-14).



Notes from today



DAY

10

Our Father,

Flood this room with Your Light. Let the light and hope of the Gospel be on display. No matter the circumstances, may Jesus shine through us to light up the room with love and hope. He is all we need. He is our peace in troubled times, our hope in uncertainty, and our anchor when we feel tossed around by the storms of life. Jesus, be near.

Additional ways to pray for your healing:

- Pray for God to give you wisdom in how to proactively care for your body.
- Pray that the Holy Spirit would give you the fruit of self-control for any habits or lifestyle change you want to make for better health.
- Pray for healing of your mind
 - That the memories of your trauma would lose their sting.
 - That your thoughts would be fixed on Jesus rather than on worries, fears, or offenses.
 - That God would fill your thoughts with thankfulness and with memories of His goodness toward you.
- Pray for healing of your spirit
 - That your faith in God would be made stronger.
 - That you could fully accept that His ways are better than our own.
 - That He is sovereign over all things – especially the things we don't understand.
- Pray for your family, your caretakers, and your medical professionals
 - For their health and stamina.
 - For your witness before them.

How to Know You're a Child of God

Recognize Our Need for God

"For all have sinned and fall short of the glory of God." – Romans 3:23

Realize God's Answer to Our Need

"But God demonstrated His own love for us in this: While we were still sinners, Christ died for us." – Romans 5:8

Receive God's Gift

"For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord."
– Romans 6:23

Respond Confidently

"If you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised Him from the dead, you will be saved."
– Romans 10:9

"For every who calls on the name of the Lord will be saved." – Romans 10:13

Realign Our Lives to God's Ways

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – His good pleasing and perfect will." – Romans 12:2



Prepared with you in mind by the Central Prayer team.
prayer@centralcommunity.church

 **CENTRALCOMMUNITY.CHURCH**

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