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Week 4: Conflict Resolution

Daily Devotional

As you read these daily scriptures, ask yourself these three questions:

1. What is God saying to me?
2. What do I want to say to God in response?
3. How will I live out this truth?

**Day 1**: **Matthew 5:23-24**

“Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.

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**Day 2: 1 John 4:20**

Whoever claims to love God yet hates a brother or sister is a liar. For whoever does not love their brother and sister, whom they have seen, cannot love God, whom they have not seen.

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**Day 3: James 3:18**

Peacemakers who sow in peace reap a harvest of righteousness.

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**Day 4: Proverbs 15:1**

A gentle answer turns away wrath,  
    but a harsh word stirs up anger.

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**Day 5: 1 Corinthians 13:5-7**

It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.

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Discussion Questions:

**1.** Why do you think conflict is an inevitable part of relationships? How can embracing conflict lead to growth?

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**2.** What does it mean to be a peacemaker in your daily interactions? Can you share an example where you acted as a peacemaker?

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**3.** The sermon suggests that anger can be a normal emotion. How can we differentiate between healthy and unhealthy expressions of anger?

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**4.** Reflect on the four styles of conflict (win, yield, withdraw, resolve). Which style do you tend to use most often, and why?

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**5.** How does unresolved conflict affect your relationship with God and others, according to the sermon? Have you experienced this in your life?

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**6.** Discuss the importance of tone and the initial moments of conversation. How can we improve our communication to ensure it remains positive?

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**7.** How do selfishness and pride manifest in your conflicts? What practical steps can you take to combat these tendencies?

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**8.** Why is forgiveness crucial in maintaining healthy relationships? Can you think of a situation where forgiveness played a key role in resolving conflict?

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**9.** How can you teach your children or others the principles of conflict resolution discussed in the sermon?

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**10.** The sermon mentions that conflict can block prayers. How does prayer fit into your approach to resolving conflicts in your life?

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