**Hey God**

**Week 3: How Do I Forgive?**

**Daily Time With Truth**

As you read these daily scriptures, ask yourself these three questions:

1. What is God saying to me?
2. What do I want to say to God in response?
3. How will I live out this truth?

**Day 1: Colossians 3:13 (TPT)**

Tolerate the weaknesses of those in the family of faith, forgiving one another in the same way you have been graciously forgiven by Jesus Christ. If you find fault with someone, release this same gift of forgiveness to them.

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**Day 2: Ephesians 4:32 (TPT)**

But instead be kind and affectionate toward one another. Has God graciously forgiven you? Then graciously forgive one another in the depths of Christ’s love.

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**Day 3:** **Mark 11:25 (TPT)**

And whenever you stand praying, if you find that you carry something in your heart against another person, release him and forgive him so that your Father in heaven will also release you and forgive you of your faults.

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**Day 4: Ephesians 4:2 (TPT)**

With tender humility and quiet patience, always demonstrate gentleness and generous love toward one another, especially toward those who may try your patience.

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**Day 5: Ephesians 3:18-19 (TPT)**

Then you will be empowered to discover what every holy one experiences—the great magnitude of the astonishing love of Christ in all its dimensions. How deeply intimate and far-reaching is his love! How enduring and inclusive it is! Endless love beyond measurement that transcends our understanding—this extravagant love pours into you until you are filled to overflowing with the fullness of God!

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Discussion Questions:

1. Do you have scars? What stories do your scars tell? Are your scars visible or do you keep them under cover?

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2. Was there a time in your life when you needed supernatural power from God to forgive an offense that was deep and painful? How did God empower you to do what you couldn’t do on your own? Share.

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3. Pastor Bob said, “Human forgiveness and divine forgiveness are inextricably intertwined.” Explain.

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4. What is the proof that you are forgiven? What does a stubborn, persistent refusal to forgive others provide evidence of?

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5. “Bitterness always destroys the container in which it is kept.” How have you witnessed this?

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6. “Forgiveness is simply letting go of past grudges or lingering anger against a person who has wronged you – despite feelings!” Why is this so important? What are the results of both forgiveness and unforgiveness?

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7. How do you forgive? Read the scriptures and explain each of the steps. Share personal testimonies.

A. Luke 18:27; Jeremiah 33:3. You can’t do it on your own. Ask for help!

B. Psalm 130. Give the hurt to God.

C. Genesis 50:19-21. Remember how you have been forgiven.

D. Luke 17:3-6 Keep on forgiving.

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8. What is the purpose for our scars?

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