**Armor of God**

**Week 3**

**Download**

**Daily Time With Truth**

As you read these daily scriptures, ask yourself these three questions:

1. What is God saying to me?
2. What do I want to say to God in response?
3. How will I live out this truth?

**Day 1: Romans 5:1 TPT**

Our faith in Jesus transfers God’s righteousness to us and he now declares us flawless in his eyes.  This means we can now enjoy true and lasting peace with God, all because of what our Lord Jesus, the Anointed One, has done for us.

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**Day 2**: **Colossians 3:15 TPT**

Let your heart be always guided by the peace of the Anointed One, who called you to peace as part of his one body. And always be thankful.

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**Day 3:** **Philippians 4:6-7 TPT**

Don’t be pulled in different directions or worried about a thing. Be saturated in prayer throughout each day, offering your faith-filled requests before God with overflowing gratitude. Tell him every detail of your life, then God’s wonderful peace that transcends human understanding, will guard your heart and mind through Jesus Christ.

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**Day 4: John 16:33 TPT**

And everything I’ve taught you is so that the peace which is in me will be in you and will give you great confidence as you rest in me. For in this unbelieving world you will experience trouble and sorrows, but you must be courageous, for I have conquered the world!”

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**Day 5: Philippians 4:8-9 TPT**

Keep your thoughts continually fixed on all that is authentic and real, honorable and admirable, beautiful and respectful, pure and holy, merciful and kind. And fasten your thoughts on every glorious work of God, praising him always. Put into practice the example of all that you have heard from me or seen in my life and the God of peace will be with you in all things.

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Discussion Questions:

***Most of the scriptures are found on the Devotions page. Please assign various members to read them.***

1. Picture the shoes worn by a Roman soldier: “They typically wore a half boot with the toes uncovered and spikes coming out of the soles.” (The Armor of God: Standing Firm in Spiritual Warfare by Gregory Brown). What are the benefits for a soldier to have the right shoes and what might be the result if he wore inappropriate, ill-fitting shoes or had none at all? What are the benefits of the leather strips and why were spikes essential for a soldier’s footwear?

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2. Read the following verses and describe the type of peace described here:

Romans 5:1

John 14:27

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3. Read John 16:33. What are we told to do with the troubles and sorrows we will experience in this unbelieving world?

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4. Read Philippians 4:6-7. How do you get this peace? How do you pray? When do you pray? How often?

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5. Read Philippians 4:8-9. What occupies your mind? What do you do with all the negative and even evil thoughts that bombard you each day?

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6. Read Colossians 3:15. Does God’s peace rule in your heart or does fear fight a battle for lordship at times? What kinds of things do you fear? What is your remedy for fear?

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7. “In hand-to-hand combat, if one side is only playing defense, he will eventually be defeated. He must also attack. Our battle as believers is not just defensive; it is in fact primarily offensive. We are called to advance the gospel everywhere in the name of Jesus. If you are not doing so, you won’t stand firm. Our feet must always be ready with the gospel.” (The Armor of God: Standing Firm in Spiritual Warfare by Gregory Brown). “But in your hearts set Christ apart [as holy—acknowledging Him, giving Him first place in your lives] as Lord. Always be ready to give a [logical] defense to anyone who asks you to account for the hope and confident assurance [elicited by faith] that is within you, yet [do it] with gentleness and respect.” (1 John 3:15 AMP) Can you give an example of how the footwear of peace was beneficial and “beautiful” to you as you brought Good News to another? (Isaiah 52:7; Romans 10:15)

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8. Pastor Bob said, “You are what you eat! AND…you do what you eat! Food gives you energy…Spiritual food is the same way! It is that which our spirit lives on, and that which your heart partakes of. So, what you partake of in the spiritual realm…is what you will become in the spiritual realm. If you eat the food of bitterness, lust, gossip, and worry…you will become impure, unclean, and anxious! But if you eat spiritual food that is holy and is of God…then you will have the power to accomplish the works of Gpd. You must make the Messiah the food you live om every day…and if you partake of the Messiah, then His nature will become your nature. He is in you and He is calm!” What are you eating and what is the result? What changes to your spiritual diet would you like to make this week?

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